

# Carer Card

LET'S  
CARE  
FOR  
CARERS

Ajuntament de  
Barcelona



WHAT IS  
THE CARER  
CARD?

The Carer Card is free and provides access to personalised resources for carers.

The card seeks to recognise the work they do, provide support and facilitate their care work to contribute to their well-being.

# TARGETA CUIDADORA



Ayuntamiento  
de Barcelona

SALVADOR

# Who can access it?

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People who care for others in the city of Barcelona who are ill, dependent, have disabilities or are elderly can get the card.

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Carers close to the person receiving care, domestic and care workers and professional carers.



# How can I get it?

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The free card can be applied for:

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## **Online**

Using a form on the website:  
[barcelona.cat/targetacuidadora](https://barcelona.cat/targetacuidadora)

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## **In person**

At Barcelona Cuida (C/ Viladomat, 127)  
or any of the city's VilaVeïna points:  
[barcelona.cat/vilaveina](https://barcelona.cat/vilaveina)

HOW

# What does it offer?

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Information and personalised advice on resources for carers, in person, online or by phone.

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Access to an established local programme of social activities and support groups where people can develop ties with others in a similar situation.

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Access to a free 24-hour emotional support phone service..

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Access and legal support for families and domestic and care workers for matters relating to work contracts.

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Access to specific resources offered to carers by pharmacies, libraries, hospitals, municipal markets, sports activities and other areas of interest for carers.

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Access to different leisure activities, to enjoy individually or share with the person they care for.

WHAT



## **Barcelona Cuida**

**Viladomat, 127  
93 413 21 21**

### **Opening hours**

From Monday to Friday, from 8.15 am to 8 pm.  
Saturday, from 10 am to 2 pm