

## ABORTION: A CHOICE AND A RIGHT TOO

All women today have the right to decide freely about their bodies and motherhood. This decision is part of the sexual and reproductive rights that guarantee people's sexual and reproductive autonomy.

## WHAT THE LAW SAYS

Framework Act 2/2010 on reproductive health and voluntary interruption of pregnancy states that every woman can decide on interrupting their pregnancies in a public health-care centre for free.

*The best way to avoid an unplanned pregnancy is to use contraception and sexual education*

Initiative launched under Barcelona's joint Sexual and Reproductive Health Strategy

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## IF YOU ARE OVER THE AGE OF 18

Voluntary interruption of pregnancy (VIP) is possible in the following cases:

- If decided by the woman within the first 14 weeks of pregnancy.\*
- For medical reasons relating to the physical, mental and/or social health of the woman or foetus before 22 weeks of pregnancy.
- For medical reasons, where anomalies are detected in the foetus that are incompatible with life, after 22 weeks of pregnancy.

\* Weeks of pregnancy are counted from the date of the last menstruation. A surgically or pharmacologically induced abortion may be chosen up to 9 weeks into the pregnancy. Find out the option which is best for you!

If you believe you are pregnant and would like further information on voluntary interruption of pregnancy, you can contact the free services listed below. It is important you contact these services as soon as possible. **You do not need to book an appointment in advance:**

**Sexual and Reproductive Health Care Service (ASSIR)** at your local Primary Health-Care Centre (CAP)  
<https://assirbarcelonaics.wordpress.com/on-som/>

### **Youth Centre for Contraception and Sexuality (CJAS).**

For teenagers and young people up to 30 years old.  
[www.centrejove.org](http://www.centrejove.org)

## IF YOU ARE UNDER 18

- Voluntary interruption of pregnancy is possible in the same cases as the ones given for adult women.
- The only difference is that anyone under the age of 18 must have express authorisation from their father, mother or legal guardian before they can interrupt their pregnancy.

If you have (or believe you may have) any problems explaining you are pregnant and that you do not wish to go ahead with your pregnancy, you can contact one of the free facilities listed below, where you will be accompanied, informed, guided and given the support you need: emotional, legal, health-care-related etc.

Facilities aimed at young people under the age of 18, where appointments do not need to be booked in advance:

### **ASSIR Manso**

C/ Manso, 19, 6th floor  
Eixample  
Tel.: 935 566 755

### **ASSIR Pare Claret**

C/ Sant Antoni M. Claret, 19-21, 3rd floor  
Gràcia  
Tel.: 934 761 376

### **ASSIR Sant Andreu**

Av. Meridiana, 428, 6th floor  
Sant Andreu  
Tel.: 932 745 516

### **CJAS**

C/ La Granja, 19, ground floor  
Gràcia  
Tel.: 934 151 000

EL ABORTO:  
BORTO: UNA OPCIO  
TO: UNA OPCION  
Y TAMBIEN UN