

“Sexuality goes beyond the body and the individual: it is a complex blend of bio-sociocultural phenomena that includes individuals, groups and social relationships, institutions and our concepts of the world – representation systems, symbolism, subjectivity, different ethics, languages,- and of course power”

Marcela Lagarde

Mexican anthropologist and feminist

Sexual and reproductive rights

- The right to equality, to equal legal protection and to live free from all forms of discrimination on the grounds of sex, sexuality or gender.
- The right of all people to participate, whatever their sex, sexuality or gender.
- The right to life, freedom, personal security and physical integrity.
- The right to privacy.
- The right to personal autonomy and recognition in law.
- The right to freedom of thought, opinion and expression.
- The right to health and the benefits of scientific progress.
- The right to education and information.
- The right to choose whether to marry or not and to form and plan a family, as well as deciding whether to have children or not and how and when to have them.
- The right to accountability and to compensation.

Declaration of Sexual and Reproductive Rights from the International Family Planning Federation.

Players included in the strategy

- Commissioner for Health, Barcelona City Council
- Barcelona Public Health Agency
- CEPS Association [Creation of Social Studies and Projects]
- Family Planning Association of Catalonia and the Balearic Islands (APFCiB)
- Youth Centre for Contraception and Sexuality
- 1st of December Committee
- Barcelona Education Consortium
- Barcelona Women’s Council
- Barcelona Youth Council
- Barcelona Health Consortium
- Dept. of Feminism and LGTBI, Barcelona City Council
- Department of Youth, Barcelona City Council
- Department of Health, Barcelona City Council
- Sexual and Reproductive Health Care Programme (PASSIR)
- Municipal Institute for People with Disabilities, Barcelona City Council
- Names Project - Hispanosida
- AIDS STUDY
- Public Health Society of Catalonia and the Balearic Islands
- Catalan Contraception Society
- Stop AIDS

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Shared strategy for **sexual and reproductive health**

Ajuntament de
Barcelona



“Sexual health is a factor in the well-being and physical and emotional health of individuals, couples and families. It is an asset for social and economic development, based on the right to enjoy a safe, pleasant sexual life” (International Family Planning Federation, 2008)

In order to achieve sustained sexual health care, all people’s sexual and reproductive rights must be respected, protected and guaranteed.

What is the shared sexual and reproductive health strategy?

It is a framework designed with the participation of various institutional and community players in the city.

It is based on multiple alliances among these players, aimed at protecting, respecting and guaranteeing sexual and reproductive rights, which are human rights.

It places emphasis on preventing sexually transmitted infections, unwanted/unplanned pregnancies and gender violence, while ensuring access to preventative methods and high-quality services.

It includes a cross-departmental vision, in accordance with the Cairo Action Programme and the Beijing Action Platform, which form the basis of the Sustainable Development Goals (Agenda 2030, SDG).

Lines of action

The Strategy is divided into five lines of action, which are carried out in the following areas:

Education (schools): Improving the coverage and quality of sexual and emotional education at all stages and personalised attention for adolescents.

Communities and families: Improving community comprehensive development actions and preventative actions for the most vulnerable population groups.

Comprehensive care: Promoting a comprehensive approach to sexual and reproductive health, and the complex situations that arise.

Public health: Promoting the tackling of social factors that affect sexual and reproductive health, and strengthening information and research systems.

Communication: Developing awareness-raising programmes that reinforce egalitarian, respectful relationships, as well as respect for sexual and reproductive rights.

Emphasis is placed on

- Prioritising the most vulnerable population groups.
- Involved in the strategy, through the Asset Mapping data-collection tool.
- Jointly analysing and designing the necessary actions for tackling situations that affect the most vulnerable individuals and population groups in the territory.
- Developing specific tools and materials that facilitate the prevention work of professionals and volunteers.
- Improving care networks and communication between care organisations and communities
- Improving the training of professionals and players that work with priority population groups, in order to involve them in sexual and reproductive health prevention and promotion actions.
- Promoting sexual and emotional education as a basis for the comprehensive development of sexual and reproductive rights.

