



BCNantimasclista

L'Eixample

A good care
Guide

NOMÉS

SÍ ÉS SÍ

Only yes means yes

Salut/



Consorci Sanitari
de Barcelona
Generalitat de Catalunya
Ajuntament de Barcelona

Ajuntament de
Barcelona



Do you suspect that a **man** you know
is carrying out acts of gender violence?

Does he take advantage of telling a story to make a **fool**
of his partner?

Does he **not** let his **partner** meet with other people?

Does he keep track of **her** messages?

Do you think he might be behaving **violently**?

Does he often **cross the line** and lose control?

Do you want **to know** how to **help** him?

If **you know** a **man** who may be committing
any type of **gender violence**,
take action:

- ▶ Seek out specialist help.
- ▶ Let the man know that you want to help him.
- ▶ Acknowledge his trust and go with him to seek help.

Do you suspect that a **woman** you know is suffering gender violence?

Does a woman within your social circle feel **intimidated** by her partner?

When you **ask** how things are going with her partner, does she change the subject?

Does she seem **downbeat** or has her character changed?

Do you get the feeling she is showing **fear**?

Do you hear that her partner threatens her, or does she tell you **about it**?

Do you want **to know** how to **help her**?

If you **find out** about **violence** against **women**,
take action:

- ▶ Seek out specialist help.
- ▶ Listen to the woman and don't dispute what she tells you.
- ▶ Respect her space and acknowledge her trust.
- ▶ Let her know that what's happening is not her fault, and that you want to help her.

Free and confidential services

Centres d'atenció primària de salut (CAP)

Borrell

C. Borrell, 305 -Tel. 932 27 18 00

Casanova

C. Rosselló, 161
Tel. 932 27 98 00

Manso

C. Manso, 19 - Tel. 93 551 72 83

Passeig de Sant Joan

Pg. St. Joan, 20 - Tel. 93 265 01 17

Roger de Flor

C. Roger de Flor, 194-196
Tel. 935 07 03 90

Sagrada Família

C. Còrsega, 643
Tel. 935 51 00 10

Serveis d'atenció a la salut sexual i reproductiva (ASSIR)

Dreta de l'Eixample

C. Roger de Flor, 194-196
2ª planta - Tel. 93 458 59 80

Esquerra de l'Eixample

C. Manso, 19, 6ª planta
Tel. 93 556 67 55

Centres de Serveis Socials

Tel. 900 922 357

Antiga Esquerra de l'Eixample

C. Mallorca, 219, 2ª planta

Dreta de l'Eixample i Fort Pienc

Ctra. Antiga d'Horta, 5

Nova Esquerra de l'Eixample

C. Borrell, 305, planta altell

Sagrada Família

C. Nàpols, 227

Sant Antoni

C. Calàbria, 38

Centre Jove d'Atenció a les Sexualitats (CJAS)

C. La Granja, 19
Tel. 93 415 10 00

Specific services for violence

Servei d'atenció, recuperació i acollida (SARA)

C. Marie Curie, 16
Tel. 900 922 357

Plural, centre de masculinitats (SAH)

Av. Marqués de l'Argentera, 22
Tel. 93 349 16 10

Punt d'informació i atenció a les dones (PIAD)

C. Calàbria, 264
Accés per Jardins Rosa Deulofeu
Cita prèvia. Tel. 900 922 357

Emergency services [24 h / 365 days]

Hospital Sagrat Cor

C. Viladomat, 288
Tel. 93 221 11 11

CUAP Manso

C. Manso, 19
Tel. 93 551 72 83

Hospital Dos de Maig

C. Dos de Maig, 301
Tel. 93 507 27 00

Centre d'Urgències i Emergències Socials (CUESB)

C. Llacuna, 25 - Tel. 900 703 030

Security forces

In case of emergency, call 112

Guàrdia Urbana de Barcelona [24h/365d] C. Nàpols, 42

Domestic violence

From Monday to Friday from 6 a.m. to 2 p.m. Tel. 93 256 23 30 Ext. 62331

Mossos d'esquadra - Pl. d'Espanya, 1

Information Service against sexist violence

by Whatsapp 601 001 122 [24h/365d]

Victim Assistance Group (GAV Eixample) Tel. - 93 567 69 83

Monday-Friday from 6 a.m. to 10 p.m., weekends from 6 a.m. to 6 p.m.

Tel. 93 300 22 96 Ext. 49014 / 49017

Gender violence
help line:

900 900 120



In cases of sexual assault:
If you are over 16 years old

**Emergency services
Hospital Clínic Barcelona**

If you are under 16 years old

**Emergency services
Hospital Vall d'Herbron
Barcelona**

 @Bcn_Eixample

 @bcn_eixample

 BcnEixample

barcelona.cat/eixample



**Districte de
l'Eixample**



Circuit
Barcelona
contra la
Violència
Masclista