A stylized illustration of a cityscape in shades of green and yellow. It features various buildings, trees, and a bicycle. The background is divided into green and yellow sections with circular patterns. A large white circle is centered over the text.

Boosting new organizations of time



Ajuntament de
Barcelona



Barcelona
Activa

Boosting new organizations of time for more efficient egalitarian and healthy companies



Network of companies in New Social Uses of Time (NUST)



Mentoring programme in time organization



Guide of guidance for more productive and healthy timetables

Programme of training and coaching

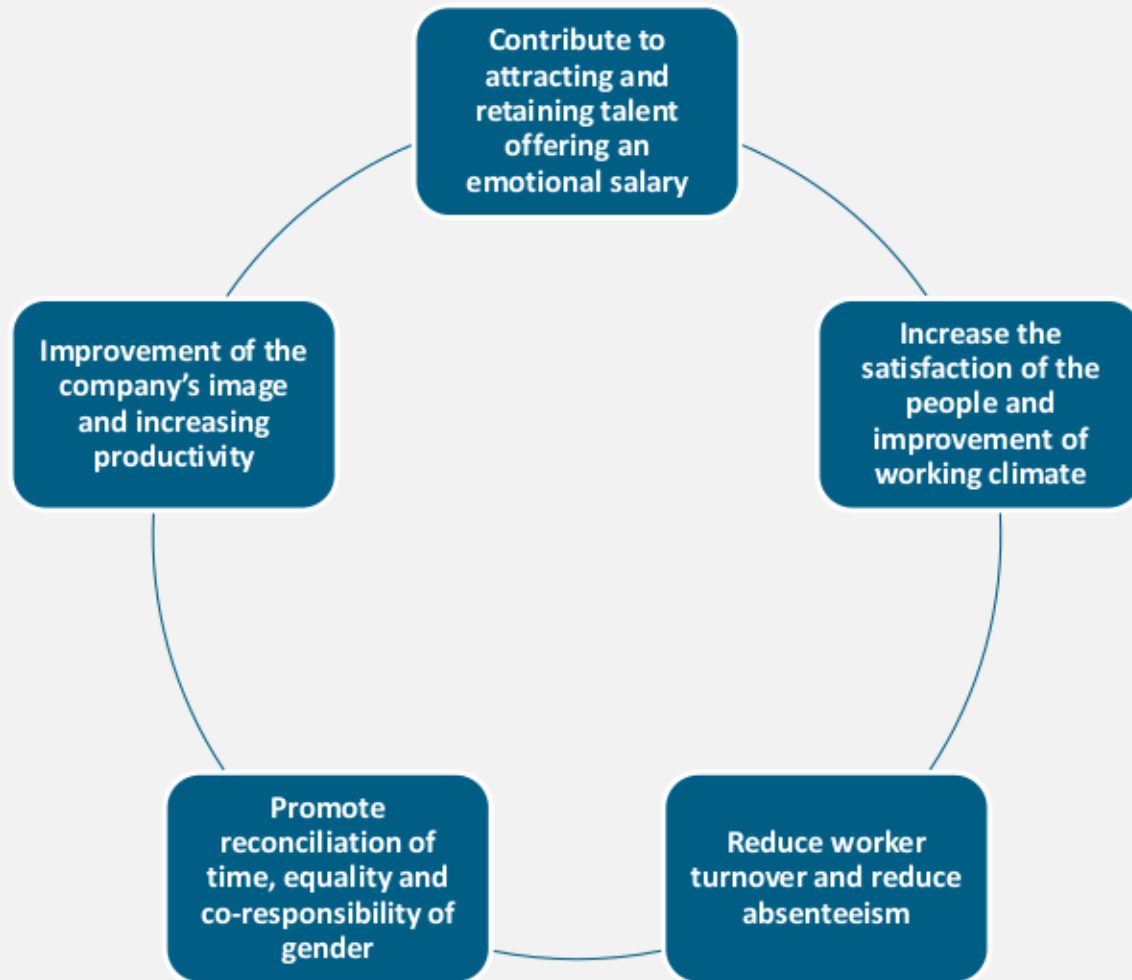


What and How to work for a new time organization in the company



Mentoring Programme in time organization

Benefits for the companies



WHAT and HOW to work for a new time organization in the company

- ⇒ **Efficient** and **flexible** company based on **trust**
- ⇒ **Egalitarian** company that takes into account **gender** and **lifecycle** of the people
 - ⇒ **Healthy** company and that takes care of the **wellbeing** of the people

HOW

- Organizational culture
- Diagnosis and participation
- Planning and follow up
- Communication and implementation

WHAT

- Timetable flexibility
- e-Work
- Care and co-responsibility
- Rationalization of timetables
- Wellbeing and social time